

NEWS FOR RELEASE July 28, 2008

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Front (Left to right): Tara Gilbert (Director, Wellness & Rehabilitation), Norda Smedley (patient), Charles Crone (Chair, GHI board), Sue Hasson (Project Manager), Ray Rabadoux (President & CEO), Sally Schaden (Exec. Dir., Health Care Services); Rear (Left to right): Jordan London (architect), Dr. Alan Dengiz (Medical Director), Garry Layman (Director, Facility Services), Michael Alber (patient), Dr. David Steinberg (Consulting Physician), Bill Kinley (contractor).

Headline: Glacier Hills Jumps Starts Facilities for Therapy Expansion

Ann Arbor, MI--Glacier Hills Retirement Community approaches its 35th anniversary with nearly \$690,000 in new construction to expand its Care and Rehabilitation Center (CRC). The leadership team of Glacier Hills, Inc. (GHI), a non-profit organization, broke ground July 28 on a much anticipated Therapy Expansion Project to double its area for comprehensive rehab program facilities in Ann Arbor. This is a step forward in achieving the Center's **2020 Vision** for Wellness that will benefit the community, residents and more than 400 employees.

In recent years, the 45-member staff of therapists (physical and occupational) and speech pathologists has consistently treated 75 short-term rehabilitation patients daily, aiding recovery from joint replacements and other post-surgical, stroke and orthopedic injuries. This rate is three times the intended use of the structure's original facilities, last altered and enhanced in 1995 to accommodate a sub-acute rehab program. "Given the challenges of independent living, our commitment to quality of care and excellent outcomes remains at the core of Glacier Hills services to the area's residents and seniors," commented Ray Rabadoux, President & CEO. "We have championed wellness for 35 years." Families frequently offer praise to Glacier Hills' staff: "The physical therapy has produced impressive improvements in [my mother's] mobility and self-confidence," wrote a grateful daughter last month.

Phased construction will add 2,045 sqft to existing therapy facilities at the 161-bed CRC, which serves more than 1,000 regional citizens annually across multiple counties as well as several Glacier Hills residents. Architectural plans by Jordon London (principal of Edmund London & Associates, Ann Arbor) extend the Main Rehab Gym and treatment rooms with privacy, professional offices, and a new ADL (“Activities of Daily Living”) Suite. GHI’s staff will continue to serve clients as major adjustments occur. Phoenix Contractors (Ypsilanti), a full-service commercial contractor with project experience in health care and human services facilities, will manage and perform construction with GHI project manager, Sue Hasson.

The Glacier Hills Foundation, established in 2006 and chaired by Stephen E. Dobson, will seek approximately \$35,000 for equipment that outfits the new space, part of the 35th Anniversary Fund appeal targeted for this fall. Therapy clients will benefit from a state of the art vehicle transfer simulator and tri-directional staircase, as well as improve household skill-sets within a therapy suite, including a typical kitchen, laundry and bedroom before returning to varied independent lifestyles and residential environments. Located nearby the adapted Wellness Garden, staff encourage clients to ease into outdoor activities like gardening as part of the healing process.

Director of Wellness and Rehabilitation Tara Gilbert spearheaded the project, in the wake of the 2006 NuStep Pinnacle Award for the “Wellness Connection,” Glacier Hills’ campus-wide philosophy that encourages a connection with the six dimensions of wellness—emotional, physical, intellectual, social, vocational, and spiritual. “Our individualized programs improve our customer’s health and wellness! We strive to maximize their level of independence and safety in mobility, activities of daily living and communication abilities,” Ms. Gilbert said.

As consulting physician for physical medicine and rehabilitation, David Steinberg, M.D. has provided valuable client support and observed the program’s growth and direction. “This expansion enhances our short stay rehab-to-home program by offering a more complete and motivating environment for client-staff partners to pursue personal goals for independence and quality of life. It’s a terrific addition to our growing program and a further sign that Glacier Hills is committed to our community’s well being,” commented Dr. Steinberg, who maintains a private group practice at St. Joseph Mercy Health System, where he also serves as Medical Director of Rehabilitation Services for the PM&R section. In addition, Medical Director Alan Dengiz, MD and Associate Medical Director Neal Persky, M.D., M.P.H. offer the Glacier Hills campus a wealth of expertise in geriatric and internal medicine, long-term care and related specialties including dementia.

Glacier Hills Retirement Community is situated on a serene 34-acre campus in Ann Arbor, MI, with a variety of independent villas, apartment-homes and assisted living services to meet the needs of older adults. It shares proximity to Ann Arbor’s enviable cultural resources and enjoys partnerships with top-flight medical and teaching facilities, including the University of Michigan and St. Joseph Mercy Hospital. In addition, Glacier Hills Home Care provides high quality personal or home care services, respite care and case management to clients in any location throughout Washtenaw, western Wayne and Livingston counties.